

1st Floor

March 2010 Recreation Calendar














Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>9:45 Fun & Fit (B) 1:30 Bingo (G) 1:30 Men's Hour (A.R) 6:15 Circle of Fun (G)</p>	<p>2</p> <p>10:00 Crafts (A.R) 10:30 Interchurch (C) 1:30 Tea Party (G) 3:15 Friendly Visits (1-1) 6:15 Bingo (A.R) 6:30 Family/Resident Council Meeting (EDM)</p>	<p>3</p> <p>9:45 Fun & Fit (B) <u>1:00 Outing: Rundle Park</u> 1:30 Live Ent: "Bruce Veroba" (G) 3:15 Mobile Library Pick up (1-1) 6:15 Ladies Group (G)</p>	<p>4</p> <p>10:00 News & Views (G) 1:30 Mini Golf (G) 6:30 Live Ent: Dwayne Cannon (A.R)</p>	<p>5</p> <p>9:45 Fun & Fit (B) 1:30 Bingo (G) 3:15 Mobile Library Drop off (1-1) 5:00 Diner's Club <i>*invitation only*</i> (A.R)</p>	<p>6</p> <p>9:45 Fun & Fit (B) 1:30 Arm Chair Travel Club (A.R)</p>
<p>7</p> <p>2:00 Ukrainian Catholic Liturgy</p>	<p>8</p> <p>9:45 Fun & Fit (B) 1:30 Bingo (G) 1:30 Baking (A.R)</p>	<p>9</p> <p>10:00 Crafts (A.R) 1:30 Tea Party (G) 3:15 Friendly Visits (1-1) 6:15 Bingo (A.R)</p>	<p>10</p> <p>9:45 Fun & Fit (B) <u>1:00 Outing: Rundle Park</u> 1:30 Live Ent: "Button Box Bill" (G) 2:30 RC Mass (C) 6:15 Happy Hour (A.R)</p>	<p>11</p> <p>10:00 Treasured Moments (G) 1:30 Casino Games (G) 6:15 Movie Night (A.R)</p>	<p>12</p> <p>9:45 Bowling (B) 1:30 Monthly Birthday Party with "Essotones" (H-H)</p>	<p>13</p> <p>1:30 Bingo (G) 6:15 Animal and Friends (1-1)</p>
<p>14</p> <p>2:00 Ukrainian Catholic Liturgy</p>	<p>15</p> <p>9:45 Fun & Fit (B) 1:30 Bingo (G) 6:15 Games & Trivia (1-1)</p>	<p>16</p> <p>10:00 Crafts (A.R) 10:30 Orthodox Liturgy 1:30 Scavenger Hunt 3:15 Friendly Visits (1-1) 6:15 Bingo (A.R)</p>	<p>St. Patrick's Day 17</p> <p>9:45 Friendly Visits (1-1) <u>12:00 Outing: Grove Manor – St. Patrick's Party</u></p>	<p>18</p> <p>10:00 Jokes & Stories (G) 1:30 Live Ent: Larry Begoray (2nd G) 6:15 Movie Night (A.R)</p>	<p>19</p> <p>9:45 Fun & Fit (B) 1:30 Bingo (G) 6:15 Tea & Stories (G)</p>	<p>20</p> <p>9:45 Fun & Fit (B)</p>
<p>21</p> <p>2:00 Ukrainian Catholic Liturgy</p>	<p>22</p> <p>10:45 Scents & Sounds (1-1) 1:30 Bingo (G) 1:30 Men's Hour (A.R)</p>	<p>23</p> <p>10:00 Raise-a-Reader 1:30 Tea Party (G) 3:15 Friendly Visits (1-1) 6:15 Bingo (A.R)</p>	<p>24</p> <p>9:45 Fun & Fit (B) 1:30 Live Ent: "Valentine" (G) 1:30 Nice Nails (1-1) <u>4:00 Outing: Pink Elephant Society</u></p>	<p>25</p> <p>9:00 Breakfast group <i>*invitation only*</i> (A.R) 10:30 RC Mass (C) 11:00 Friendly Visits 1:30 Bowling (G) 6:15 Movie Night (A.R)</p>	<p>26</p> <p>9:45 Fun & Fit (B) 1:30 Bingo (G) 6:15 Happy Hour (A.R)</p>	<p>27</p> <p>10:00 Treasured Moments (G) 1:30 Circle of Fun (B) 6:15 Animal and Friends (1-1)</p>
<p>28</p> <p>2:00 Ukrainian Catholic Liturgy</p>	<p>29</p> <p>9:45 Fun & Fit (B) 1:30 Bingo (G)</p>	<p>30</p> <p>10:00 Crafts (A.R) <u>1:00 Outing: Venta – Hockey Game</u> 1:30 Tea Party (G) 6:15 Bingo (A.R)</p>	<p>31</p> <p>9:45 Friendly Visits (1-1) <u>11:30 Outing: Buffet Royal</u> 1:30 Live Ent: Country Sunshine (G) 2:45 Friendly Visits (1-1) 6:15 Easter Crafts (A.R)</p>			<p>C – Chapel B – Blue Pod R – Red Pod H.H – Heritage Hall A.R – Alberta Rm R.R – Recreation Rm F.G – Family Garden EDM – Edmonton Rm 1-1 – One-on-one</p>

Recreation Programs are subject to last minute changes. Please contact Marina, Recreation Therapy Manager at (780) 473-5621 ext 3409

2nd Floor

March 2010 Recreation Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 9:45 Fun & Fit (B) 1:30 Bingo (1 st G) 1:30 Men's Hour (A.R)	1 9:45 Fun & Fit (B) 1:30 Bingo (1 st G) 1:30 Men's Hour (A.R)	2 10:00 Sports Session (B) 1:30 Coffee Corner (G) 3:15 Friendly Visits (1-1) 6:15 Bingo (A.R) 6:30 Family/Resident Council Meeting(EDM)	3 9:45 Fun & Fit (1 st B) 10:00 Crafts & Woodworking (A.R) 1:00 Outing:Rundle Park 1:30 Live Ent: "Bruce Veroba" (1 st G)	4 10:00 Circle of Fun (B) 1:30 Shuffle board (B) 6:30 Live Ent: Dwayne Cannon (A.R)	5 10:00 Nice Nails (1-1) 1:30 Bingo (1 st G) 1:30 Sing-a-long (R) 3:15 Mobile Library Drop off (1-1) 5:00 Diner's Club	6 1:30 Arm Chair Travel Club (A.R) 6:15 Memory Trays (1-1) 
7 2:00 Ukrainian Catholic Liturgy 	8 1:30 Bingo (1 st G) 1:30 Baking (A.R) 6:15 Horse Races (R) 	9 10:00 Bowling (B) 1:30 Coffee Corner (G) 3:15 Friendly Visits (1-1) 6:15 Bingo (A.R) 	10 9:45 Fun & Fit (1 st B) 10:00 Crafts & Woodworking (A.R) 1:00 Outing:Rundle Park 1:30 Live Ent: "Button Box Bill" (1 st G) 2:30 RC Mass (C) 6:15 Happy Hour (A.R)	11 10:00 Mini Golf (B) 1:30 Afternoon games (A.R) 6:15 Movie Night (A.R) 	12 10:00 Colour & Paint (B) 10:00 Hand Massages (1-1) 1:30 Monthly Birthday Party with "Essotones" (H-H)	13 10:00 Circle of Fun (G) 1:30 Bingo (1 st G) 6:15 Animal and Friends (1-1)
14 2:00 Ukrainian Catholic Liturgy	15 9:45 Fun & Fit (B) 1:30 Bingo (1 st G) 1:30 Circle of Fun (A.R)	16 10:00 Shuffle board (B) 10:30 Orthodox Liturgy 1:30 Scavenger Hunt 3:15 Friendly Visits (1-1) 6:15 Bingo (A.R)	St. Patrick's Day 17 9:45 Friendly Visits (1-1) 12:00 Outing: Grove Manor – St. Patrick's Party	18 10:00 Bowling (B) 1:30 Live Ent: Larry Begoray (G) 6:15 Movie Night (A.R)	19 10:00 Baking (A.R) 1:30 Bingo (1 st G) 1:30 Hockey Game (G)	20 1:30 Afternoon Games (A.R) 
21 2:00 Ukrainian Catholic Liturgy 	22 1:30 Bingo (1 st G) 1:30 Men's Hour (A.R) 6:15 Sing-a-long (G)	23 10:00 Raise-a-Reader 1:30 Coffee Corner (G) 3:15 Friendly Visits (1-1) 6:15 Bingo (A.R)	24 10:00 Crafts & Woodworking (A.R) 1:30 Live Ent: "Valentine" (G) 1:30 Nice Nails (1-1) 4:00 Outing: Pink Elephant Society	25 9:00 Breakfast group <i>*invitation only*</i> (A.R) 10:30 RC Mass (C) 11:00 Friendly Visits 1:30 Music Therapy (R) 6:15 Movie Night (A.R)	26 10:00 Colour & Paint (G) 1:30 Bingo (1 st G) 1:30 Afternoon Games (G) 6:15 Happy Hour (A.R)	27 1:30 Music Therapy (R) 6:15 Animal and Friends (1-1) 
28 2:00 Ukrainian Catholic Liturgy	29 1:30 Bingo (1 st G) 1:30 Baking (A.R) 6:15 Jokes & Stories (R)	30 10:00 Mini Golf (B) 1:00 Outing: Venta – Hockey Game 6:15 Bingo (A.R)	31 9:45 Friendly Visits (1-1) 11:30 Outing: Buffet Royal 1:30 Live Ent: Country Sunshine (G) 6:15 Egg Painting (A.R)			C – Chapel B – Blue Pod R – Red Pod H.H – Heritage Hall A.R – Alberta Rm R.R – Recreation Rm F.G – Family Garden EDM – Edmonton Rm 1-1 – One-on-one

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