2012 Spring-Summer Menu (MP Residents only) Week 2

SMHG	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	APR. 23 MAY 21 JUNE 18	JULY 16 AUG 13 SEPT 10 OCT 8	APR 24 MAY 22 JUNE 19	JULY 17 AUG 14 SEPT 11 OCT 9	APR. 25 MAY 23 JUNE 20	JULY 18 AUG 15 SEPT 12 OCT 10	APR 26 MAY 24 JUNE 21	JULY 19 AUG 16 SEPT 13 OCT 11	APR 27 MAY 25 JUNE 22	JULY 20 AUG 17 SEPT 14 OCT 12	APR 28 MAY 26 JUNE 23	JULY 21 AUG 18 SEPT 15 OCT 13	APR 29 MAY 27 JUNE 24	JULY 22 AUG 19 SEPT 16 OCT 14
Beverages	**• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •**													
Breakfast	**Oatmeal Cereal** **Toast** **French Toast** *Or* Cold Cereal		**Cornmeal Cereal** **Toast** **Back Bacon** *or* Cold Cereal		**Cream of Wheat** **Fried Eggs** **Toast** *or* Cold Cereal		Oat Bran Cereal Toast Cheddar Cheese *or* Cold Cereal		**Oatmeal Cereal** **Toast** **Grilled Pancakes** *or* Cold Cereal		**Cornmeal Cereal** **Toast** **Scrambled Eggs** *or* Cold Cereal		**Cream of Wheat** **Toast** **Turkey Sausage** *or* Cold Cereal	
Lunch														
Entree	**Chicken Burger** **Lettuce** **Tomato Slices** **Potato Wedges** *or* Assorted Sandwiches		**Fish Nuggets** **Chefs Fried Rice** **Coleslaw** *or* Assorted Sandwiches		**Chicken Chili** **Dinner Roll** **Tossed Salad** *or* Assorted Sandwiches		**Pizza Burger** **Greek Salad** *or* Assorted Sandwiches		**Nalysnyky /Sour Cream** **Spring Greens Salad** *or* Assorted Sandwiches		**Spaghetti & Sauce** **Dinner Roll** *or* Assorted Sandwiches		**Toasted Western** **French Fries** **Tossed Salad** *or* Assorted Sandwiches	
Dessert	Fruit Cocktail		Puffed Wheat Squares		Fresh Berries		Sliced Peaches		Rice Pudding		Orange Frost		Pear Halves	
Soup	Plantation Vegetable		Cream of Broccoli		Corn Chowder		Chicken Vegetable		Cream of Carrot		Garden Vegetable		Beef Rice	
Supper														
Entree	**Hot** **Beef Stew** **Boiled Potatoes** **Turnip**		**Hot** **Baked Ham** **Baby Roast Potatoes** **PEI Mixed Vegetables**		**Hot** **Beef Satay** **Whipped Potatoes** **Broccoli Florets**		**Hot** **Roast Porkloin** **Buckwheat** **Buttered Squash**		**Hot** **Italian Roasted Cod** **Whipped Potatoes** **PEI Mixed Vegetables**		**Hot** **Chicken Thighs** **Baby Potatoes** **Italian Mixed Veg**		**Hot** **Roast Beef /Gravy** **Whipped Potatoes** **Hot Sliced Beets**	
Dessert	Lemon Pound Cake		Crushed Pineapple		Bread Pudding		Strawberry Sundae		Watermelon Wedges		Fruit Salad		Apple Pie	
PM/HS Snack	Fruit Loaf		Cheese & Crackers		Fresh Bananas		Muffin		Fresh Fruit		Yogurt		Baked Cookie	
Condiments	• Bread • Buns • Margarine •													

Gravy with all meals
Soup and Dessert may change without notice