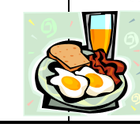
2012 Spring - Summer Menu (Residents only)

Week 3

SMHG	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	APR 30 MAY 28 JUNE 25	JULY 23 AUG 20 SEPT 17 OCT 15	MAY 1 MAY 29 JUNE 26	JULY 24 AUG 21 SEPT 18 OCT 16	MAY 2 MAY 30 JUNE 27	JULY 25 AUG 22 SEPT 19 OCT 17	MAY 3 MAY 31 JUNE 28	JULY 26 AUG 23 SEPT 20 OCT 18	MAY 4 JUNE 1 JUNE 29	JULY 27 AUG 24 SEPT 21 OCT 19	MAY 5 JUNE 2 JUNE 30	JULY 28 AUG 25 SEPT 22 OCT 20	MAY 6 JUNE 3 JULY 1	JULY 29 AUG 26 SEPT 23 OCT 21
Beverages	**• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •**													
Breakfast	**Oatmeal** **Grilled Pancakes** **Toast** *or* Cold Cereal		**Oat Bran** **Ched. Cheese Wedge** **Toast** *or* Cold Cereal		**Cream of Wheat** **Boiled Eggs** **Toast** *or* Cold Cereal		**Oatmeal** **French Toast** **Toast** *or* Cold Cereal		**Cornmeal** **Scrambled Eggs** **Toast** *or* Cold Cereal		**Cream of Wheat** **Turkey Sausage** **Toast** *or* Cold Cereal		**Oat Bran** **Carrot Muffin** **Toast** *or* Cold Cereal	
Lunch														
Entree	**Baba's Own Potato & Cheddar Pyrohy** **Turkey Sausage** **Sour Cream** **Sauerkraut** *or* Assorted Sandwiches		**Crunchy Perch** **Pasta and Broccoli Salad** *or* Assorted Sandwiches		**Smoked Turkey On Rye** **Potato Salad** *or* Assorted Sandwiches		**Hamburgers** **Garden Salad** *or* Assorted Sandwiches		**Lasagna** **Spinach Salad** *or* Assorted Sandwiches		**Chicken Nuggets** **Potato Salad** *or* Assorted Sandwiches		**Grilled Ham And Cheese Sandwich** **Cucumber And Dill Salad** *or* Assorted Sandwiches	
Dessert	Apricot Halves		Fresh Pineapple		Assorted Jello		Fruit Cocktail		Fresh Berries		Butterscotch Pudding		Ice Cream	
Soup	Borscht		Creole Rice		Smoked Turkey Corn Chowder		Tomato Vegetable		Chicken Noodle		Cream Of Vegetable		Beef Barley	
Supper														
Entree **Alternative entrée – to be ordered 3 days in advance. For ordering, see weekly menu and Nursing Station Clerk*	 **Hot** **Pork Cutlets/Gravy** **Stir Fry Vegetables** **Rice Pilaf** *Savoury Meatballs** *Baba's Own Pyrohy* *(Potato/Cheddar or Potato/Cottage)* **Cold** *Ham and Cheese Sandwich**		**Hot** **Beef & Vegetable Stew** **Boiled Potatoes** **Buttered Turnips** *Roast Beef** *Baba's Own Pyrohy* *(Potato/Cheddar or Potato/Cottage)* **Cold** *Egg Salad Sandwich** *Ham & Pasta Salad*		**Hot** **Bratwurst Sausage** **Sauerkraut** **Wild Rice** *Roast Turkey ** *Baba's Own Pyrohy* *(Potato/Cheddar or Potato/Cottage)* **Cold** *Roast Beef Sandwich** *Chicken Caesar Salad*		**Hot** **Baked Chicken Breast** **Whipped Potatoes** **Carrot Coins** *Crunchy Perch & Vegetables** *Baba's Own Pyrohy* *(Potato/Cheddar or Potato/Cottage)* **Cold** *Chicken Sandwich** *Chef's Salad*		**Hot** **Tiger Shrimp** **Whipped Potatoes** **PEI Mixed Veggies** *Cantonese Pork** *Baba's Own Pyrohy* *(Potato/Cheddar or Potato/Cottage)* **Cold** *Turkey Sandwich** *Crab Salad*		**Hot** **Hamburger Steak & Onions, Gravy** **Baby Potatoes** **Broccoli Florets** *Chicken Fingers** *Baba's Own Pyrohy* *(Potato/Cheddar or Potato/Cottage)* **Cold** *Tuna Sandwich** *Spinach Salad*		**Hot** **Roast Turkey** **Gravy** **Stuffing** **Whipped Potatoes** **Glazed Minted Carrots** *Chicken Cacciatore** *Baba's Pyrohy* *(Potato/Cheddar or Potato/Cottage)* **Cold** *Pastrami on Rye** *Garden Salad*	
Dessert	Ice Cream Sundae		Apple Crisp		Sliced Peaches		Tapioca Pudding		Assorted Desserts		Fresh Orange Wedges		Pumpkin Pie	
PM/HS Snack	Fruit Bread		Cheese And Crackers		Fresh Bananas		Muffins		Fresh Fruit		Yogurt		Baked Cookies	
Condiments	**• Bread • Buns • Margarine •**													

Gravy with all meals/Soup and Dessert may change without notice