




2010 Summer Menu (Residents only)

Week 3

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Apr 12	July 5	Apr 13	July 6	Apr 14	July 7	Apr 15	July 8	Apr 16	July 9	Apr 17	July 10	Apr 18	July 11
	May 10	Aug 2	May 11	Aug 3	May 12	Aug 4	May 13	Aug 5	May 14	Aug 6	May 15	Aug 7	May 16	Aug 8
	Jun 7	Aug 30	Jun 8	Aug 31	Jun 9	Sept 1	Jun 10	Sept 2	Jun 11	Sept 3	Jun 12	Sept 4	Jun 13	Sept 5
<b>Beverages</b>	• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •													
<b>Breakfast</b>	Oatmeal Grilled Pancakes Toast <i>or</i> Cold Cereal		Oat Bran Cheddar Cheese Wedge Toast <i>or</i> Cold Cereal		Cream of Wheat Boiled Eggs Toast <i>or</i> Cold Cereal		Cornmeal Cereal French Toast Toast <i>or</i> Cold Cereal		 Oatmeal Western Omelet Toast <i>or</i> Cold Cereal		Cream of Wheat Turkey Sausage Toast <i>or</i> Cold Cereal		Oat Bran/Carrot Muffin Grilled Bacon Toast <i>or</i> Cold Cereal	
<b>Lunch</b>														
<b>Entree</b>	Baba's Own Potato & Cheddar Pyrohy Turkey Sausage Sour Cream Sauerkraut <i>or</i> Assorted Sandwiches		Beer Battered Fish & Chips Caesar Salad <i>or</i> Assorted Sandwiches		Potato Salad Cold Plate Garlic Bread <i>or</i> Assorted Sandwiches		Italian Style Vegetable & Beef Pasta Garden Salad Tea Biscuit <i>or</i> Assorted Sandwiches		Chef's Loaded Pizza Spinach Salad <i>or</i> Assorted Sandwiches		Chicken Chili Con- Carnie Sliced Carrots Dinner Roll <i>or</i> Assorted Sandwiches		Potato Pancakes Squash <i>or</i> Assorted Sandwiches	
<b>Dessert</b>	Apricot Halves		Crushed Pineapple		Assorted Desserts		Fruit Cocktail		Pear Halves		Butterscotch Pudding		Ice Cream	
<b>Soup</b>	Borscht		Creole Rice		Smoked Turkey Corn Chowder		Tomato Vegetable		Chicken Noodle		French Canadian Pea		Beef Barley	
<b>Supper</b>														
<b>Entrée</b>	<b>Hot</b> Chicken Supreme O'Brien Potatoes California Mixed Vegetables <i>Savoury Meatballs*</i> <i>Baba's Own Pyrohy</i> <i>(Potato/Cheddar or</i> <i>Potato/Cottage)</i>		<b>Hot</b> Beef & Vegetable Stew Boiled Potatoes Buttered Fresh Turnips <i>Roast Beef*</i> <i>Baba's Own Pyrohy</i> <i>(Potato/Cheddar or</i> <i>Potato/Cottage)</i>		<b>Hot</b> Chinese Smorg Wild Rice Blend Gravy Stir Fry Vegetables <i>Roast Turkey *</i> <i>Baba's Own Pyrohy</i> <i>(Potato/Cheddar or</i> <i>Potato/Cottage)</i>		<b>Hot</b> Chicken Creole Chive Whipped Potatoes Carrot Coins <i>Crunchy Perch &amp;</i> <i>Vegetables*</i> <i>Baba's Own Pyrohy</i> <i>(Potato/Cheddar or</i> <i>Potato/Cottage)</i>		<b>Hot</b> Pollock Fillets with Creamy Dill Sauce Oven Brownd Potatoes PEI Mixed Veggies <i>Cantonese Pork*</i> <i>Baba's Own Pyrohy</i> <i>(Potato/Cheddar or</i> <i>Potato/Cottage)</i>		<b>Hot</b> Country Fried Pork Chops Gravy Roasted Baby Potatoes Broccoli Florets <i>Chicken Fingers*</i> <i>Baba's Own Pyrohy</i> <i>(Potato/Cheddar or</i> <i>Potato/Cottage)</i>		<b>Hot</b> Roast Turkey Gravy Stuffing Whipped Potatoes Glazed Minted Carrots <i>Chicken Cacciatore*</i> <i>Baba's Pyrohy</i> <i>(Potato/Cheddar or</i> <i>Potato/Cottage)</i>	
	<b>Cold</b> <i>Ham and Cheese</i> <i>Sandwich*</i>		<b>Cold</b> <i>Egg Salad Sandwich*</i> <i>Ham &amp; Pasta Salad</i>		<b>Cold</b> <i>Roast Beef Sandwich*</i> <i>Chicken Caesar Salad</i>		<b>Cold</b> <i>Chicken Sandwich*</i> <i>Chef's Salad</i>		<b>Cold</b> <i>Turkey Sandwich*</i> <i>Crab Salad</i>		<b>Cold</b> <i>Tuna Sandwich*</i> <i>Spinach Salad</i>		<b>Cold</b> <i>Pastrami on Rye*</i> <i>Garden Salad</i>	
<b>Dessert</b>	Ice Cream Sundae		Apple Crisp		Sliced Peaches		Tapioca Pudding		Assorted Desserts		Chocolate Cake		Banana Cream Pie	
<b>Condiments</b>	• Bread • Buns • Margarine •													